



# The Clapboardtree Spire

News From First Parish of Westwood, United Church  
340 Clapboardtree St., Westwood, MA 02090

## MARCH, 2009

### A Lenten Outreach Project: "Make a House a Home"

This year First Parish will participate in an Easter outreach project through the Pine Street Inn.

"Make a House a Home" is an initiative which includes converting an old convent in Jamaica Plain into permanent housing units for formerly homeless individuals. This mission project is similar to the "Adopt a Room" program First Parish participated in several years ago which established a permanent housing development on the South Shore.

#### How you can help:

◆ **Purchase a household item for the unit.**

There will be an "Easter Egg Tree" set up in the Parish Hall on Sunday March 15<sup>th</sup>. The egg decorations (created by our Church School children) will have a label indicating the item you can donate. Items include sheets, towels, kitchen essentials etc. which will make the unit a home!

◆ **Remember your Easter Offering!**

This year's offering is going towards the purchase of furniture for 1 or 2 units.

The Pine Street Inn has a great track record transitioning people from homelessness to independent living. Thank you in advance for your support!!

### One Great Hour of Sharing Sunday, March 22<sup>nd</sup>

Our One Great Hour of Sharing offering will be gratefully accepted on Sunday, March 22<sup>nd</sup>.

OGHS helps the Church do God's work in the world by supporting vitally needed international programs of health, education and agricultural development, relief and refugee assistance. This is a cooperative effort with a number of US Christian Churches including the American Baptist, Disciples of Christ, Presbyterian Church USA and the United Methodist Church.

Your gifts to OGHS carry God's message of love and hope to people in more than 90 countries.

- Over one billion people lack access to safe drinking water.
- Every 5 seconds a child dies from hunger.
- More than 1 in 4 adults cannot read or write, two thirds of them women.
- The world has more refugees today than ever before.

Offering envelopes are available in the church pews and at the office.

### Music in the Meetinghouse

Mark your calendars for Sunday, March 15<sup>th</sup> at 4PM for an Eleanor London Memorial Concert, featuring "Cantus"

This ten-voice male ensemble offers a rousing rendition of a variety of musical styles, and has toured throughout the United States.

With several CD's to their credit, a performance by this group is not to be missed.

Tickets are \$20 (\$18/seniors, \$15/kids, \$50/family pack) and can be purchased at the door or in advance through the church office.

## Birthdays & Anniversaries

March 1	Arny Goodrich Jr.
March 2	Carley Donovan
March 3	Aidan Kelly
March 5	Graham Bayer
March 6	Jackie Bigelow
March 9	Chris Poreda
March 10	Amy Bean
March 11	Bradford Baldwin Meaghan McDonough Brian Miskell
March 12	Danielle Damren
March 13	Nicholas Damren
March 14	Ellen Bailey, Jim Delisle Jane Howard, Ryan Marten
March 16	Millie Arntz, Ron Arntz
March 16	Alison Deininger, Jim Worth
March 17	Kathy Davis, Ashley Malmquist
March 19	Sheldon Blaney, Cara Mancini Bonnie Blomquist
March 20	David Candella, Klaus Ullmann
March 22	Andy Walker
March 23	Jim Aldinger
March 23	Eric Peterson, Evan Matzell
March 24	James Whalen
March 25	Jason Blaney
March 26	Lynne Bachofner
March 27	Donna Bertazzoni Miriam Hawkins Nannestad
March 28	Kyle Burgess
March 29	Eddie McCracken
March 30	Justina Germano
March 31	Steven Kane, Debora Pfaff Sarah Whalen

### Anniversaries

March 9	Sheldon & Janice Blaney
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## The Clapboardtree Spire

The Clapboardtree Spire is published monthly, September - June by and for The First Parish of Westwood, United Church. Material should be submitted to the church office by the third Friday of the prior month. Available monthly at [www.firstparishwestwood.org](http://www.firstparishwestwood.org), via email, and through the mail (by request only).

## Lifetimes

### Email Changes:

- *Donna Bertazzoni*: [dbertazzoni@comcast.net](mailto:dbertazzoni@comcast.net)
- *Janice Russell*: [jdRussell4@verizon.net](mailto:jdRussell4@verizon.net)

### Address Changes:

- *John & Judy Danforth*: The Falls at Cord- ingly Dam, 2300 Washington St., Newton MA 02462, 617-969-6662

### Deaths:

- *Robert Angus Johnston*, on 2/6. A funeral service was held at First Parish on 2/11.
- *Woodworth Jenkins* (Joyce Marsh's father), on 2/13. Services were held in Wollaston.
- *Ricky Howe* (Marge Eramo's nephew), on 2/15. Services were held in Florida.
- *Libby (Runcie) Youngdahl*, on 2/17. A fu- neral was held at First Parish on 2/23.
- *Carl Witt*, on 2/18. A funeral service was held at First Parish on 2/24.
- *Jean Christian* (Roger Christian's mother), on Feb. 25th, in New Jersey. Plans for a memorial service are pending.

Pastor:	Rev. Christopher L. Dodge
Phone:	781-326-0135
Email:	<a href="mailto:revchris@firstparishwestwood.org">revchris@firstparishwestwood.org</a>
Moderator:	Bob Deininger
CE Admin.:	Donna Bertazzoni
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Treasurer:	Cathy Ellis
Phone:	781-326-5344
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Music Director:	Joshua Nannestad
Phone:	978-562-5614
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Parish Nurse:	Margery Eramo
Phone:	781-326-3997
Email:	<a href="mailto:meramo@firstparishwestwood.org">meramo@firstparishwestwood.org</a>
Secretary:	Judy Holbrook
Sexton:	Denis Wholey
Office Hours:	Mon.-Fri., 9AM-3PM
Phone:	781-326-5344
Email:	<a href="mailto:parish1st@firstparishwestwood.org">parish1st@firstparishwestwood.org</a>
Fax:	781-326-5954
Web Site:	<a href="http://www.firstparishwestwood.org">www.firstparishwestwood.org</a>
Cottage:	781-326-3997

## Lent at First Parish

Lent has begun – and there are *lots* of ways you can actively participate in the 40-day spiritual journey toward Easter...

### Worship

- **Lenten Sermon Series:** Every Sunday during Lent, Pastor Chris will preach on “Marks of Covenant”, emphasizing the Old Testament lectionary readings through Lent and the New Testament readings during Holy Week. He will explore with the congregation themes such as “Declaration”, “Transformation”, “Expectation”, “Restoration”, “Internalization”, “Salvation”, “Participation”, and “Celebration”.
- **Special Music:** Music Director Josh Nannestad and the Senior Choir will continue “The Year of the Messiah” by performing the Lenten portions of Handel’s amazing music during Sunday worship, culminating in a favorite First Parish tradition, the open-invitation congregational sing of the “Alleluia Chorus” on Easter Sunday.

### Adult Bible Study

Pastor Chris will offer “The Bible and Handel’s *Messiah*” on Thursday evenings from 7:30-9PM in the Vogel Room, starting on March 5<sup>th</sup>. All are invited to join him in this study of the scriptures that inspired Handel’s powerful music.

### Personal Devotions:

The following devotional aids are available to all on the Hospitality Table in the Meetinghouse:

#### For Adults:

- “Scripture Quotes for Lent: Daily Tear-off Devotions for the Sacred Season
- “Holy Habits for the Holy Season of Lent

#### For Children:

- “What Color is Lent: A Lenten Book of Devotions, Rhymes and Seek-And-Find Picture Puzzles”

### Lenten Activities:

- **Walk to Jerusalem Fitness Program:** Practice discipline AND get in shape by helping First Parish accumulate the 5479 mile distance between here and Jerusalem in linear or aerobic miles! Contact Faith Community Nurse Marge Eramo to get your Walking Papers, then add your personal or family miles weekly to the chart in the Parish Hall. Walking begins on March 1<sup>st</sup> – but it’s never too late to join in!
- **Labyrinth Walks:** During Holy Week (4/5-4/10) a labyrinth will be set up in the Parish Hall for personal meditation. Through this ancient Christian spiritual practice, experience how the path of the labyrinth becomes a walking meditation and serves as a metaphor for our spiritual journey as individuals and within a community. There will be several opportunities to explore this practice:
  - **Labyrinth Introduction: Sunday, April 5<sup>th</sup> at 7PM.** Join Pastor Chris and Donna Bertazzoni to learn about the labyrinth as a meditation tool.
  - **Kid’s Labyrinth Walk: Wednesday, April 8<sup>th</sup> from 4-5PM.** Donna Bertazzoni will lead our youngest worshippers through their labyrinth experience.
  - **Open Labyrinth Walks: April 6, 7, 8 & 11( 7-9PM), April 9 & 10 (12-3PM).** A time for personal meditation.

### Lenten Outreach:

This year First Parish will be participating in Pine Street Inn’s “Make a House a Home” project during Lent, in support of Pine Street Inn’s project to convert an old convent in Jamaica Plain into 29 permanent housing units for formerly homeless tenants.

- Contributions from our Easter offering will be used to purchase furniture for 1 or 2 units.
- In addition, an “Easter Egg Tree” will be set up in the Parish Hall starting on Sunday March 15<sup>th</sup>. The egg decorations (created by our Church School children) will each contain a suggested item for donation, such as sheets, towels, or kitchen essentials etc., needed for each unit. Individuals and families are invited to choose an egg decoration, purchase the item, and return it to the Parish Hall before Easter.



# HAPPY 200<sup>TH</sup> BIRTHDAY!

**March 1<sup>st</sup> begins Our Meetinghouse's  
200<sup>th</sup> Birthday Celebration!**

The site of the new Meeting House of Nahatan Hill on Deacon Ellis's land was established in 1807. While the original money to fund the construction was raised through taxes, this was eventually ruled illegal by the Supreme Court, the taxes were abated and money had to be borrowed to pay for the construction. The total cost of the completed building was about \$5,500. The frame of the building was raised on July 25, 1808 and the new Meeting House was completed in late February of 1809.

On February 26, 1809, Rev. Thomas Thacher preached his last sermon in the old meeting house. He did not regret leaving "this ancient house" or bidding farewell to "its mouldering walls," since "a new, commodious, and elegant edifice is...now finished". On March 1, 1809, the new Meeting House was dedicated. At that occasion, Rev. Thacher based his sermon on Zachariah 1:16: "I am returned to Jerusalem with mercies; my house shall be built in it, saith the Lord of Hosts, and a line shall be stretched forth upon Jerusalem"

The new Meeting House was 47 feet square, held 53 oblong box pews and the galleries up above. The building stopped at the end of the current balconies, going out just 4 windows on each side. Over the years many renovations and refurbishments have been carried out, the most notable being the addition in 1969 which extended the Meeting House to its current size.

As we look forward to the future of First Parish of Westwood, United Church, we also wish to honor our past. Over the next year we will be celebrating the 200<sup>th</sup> birthday of the Meeting House in various ways. When one turns 200 years old, we believe one is deserving (and in need) of significant gifts, and we ask that you help us celebrate 200 years in the Meeting House.

The Meeting House on a Rock,  
Marjory R. Fenerty, 1959

**BUT  
IT'S NOT A BIRTHDAY  
WITHOUT PRESENTS!**

- ♦ **What gifts** do you think our Meetinghouse should receive on such a significant birthday?
- ♦ **Are you interested** in helping plan a year-long celebration of our beloved Meeting House? Isn't it the least we can do after 200 years?

**See Pastor Chris Dodge or Barb Delisle...and stay tuned!**

## From Pastor Chris



Below is a reflection from Frederick Buechner's, *Whistling in the Dark, A Doubter's Dictionary* which I shared during our Ash Wednesday Service. Whether you could be at that service or not, we all now begin our Lenten journey.

My hope is that you make the time to engage in Lent on a personal level and in community. My prayer is that you will find the blessings of Lent that are offered from God to you.

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*During Lent, Christians are supposed to ask, one way or another, what it means to be themselves.*

- *If you had to bet everything you have on whether there is a God or there isn't, which side would get your attention?*
- *When you look at your face in the mirror, what do you see in it that you most like and what do you in it that you most deplore?*
- *If you had only one last message to leave to the handful of people who are most important to you, what would it be in twenty-five words or less?*
- *Of all the things you have done in your life, which is the one you would most like to undo? Which is the one that makes you happiest to remember?*
- *Is there any person in the world, or any cause, that, if circumstances called for it, you would be willing to die for?*
- *If this were the last day of your life, what would you do with it?*

To hear yourself try to answer questions like these is to begin to hear something not only of who you are but of both what you are becoming and what you are failing to become. It can be pretty depressing business all in all, but if sackcloth and ashes are at the start of it, something like Easter may be at the end.

Peace,  
*Pastor Chris*

### A Lenten Primer

Lent is a season of preparation and repentance during which we anticipate Good Friday and Easter. Just as we carefully prepare for big events in our personal lives, such as a wedding or commencement, Lent invites us to make our hearts ready for remembering Jesus' passion and celebrating Christ's resurrection.

The practice of a forty-day preparation period began in the Christian Church during the third and fourth centuries. The number *forty* carries biblical significance based on the forty years Israel spent in the wilderness and Jesus' forty-day fast in the wilderness. The forty days of Lent begin on Ash Wednesday and continue through holy week, not counting Sundays.

*Reprinted by permission from The Worship Sourcebook, c. 2004, CRC Publications*

## From Our Moderator Bob Deininger

Do you ever notice the back page of the order of worship? The pastor is listed as “The Reverend Christopher L. Dodge” and the Ministers are “All the people.” I truly believe that every one of us working in collaboration with Pastor Chris is responsible for deepened spirituality, more hands-on mission, and increased fellowship.

Do deepened spirituality, more hands-on mission, and increased fellowship sound familiar? Ah yes! Now I remember! Those were the goals of the long range plan in 2000 and one of the stated reasons for the restructuring of church boards and committees in 2005. In 2009, these goals remain as vital and compelling as ever.

In fact, these goals were discussed by the ministers of First Parish as represented by the lay leaders and Pastor Chris on February 8. After food and fellowship (special thanks to Judy Holbrook who organized the catering), Chris led an exercise to identify First Parish’s strengths (“I love First Parish because?”) and challenges (“I love First Parish even though?”). This discussion served as a launching pad to brainstorm ideas to leverage First Parish’s strengths and address its challenges in the following areas:

- Support the beginning of Pastor Chris’ ministry
- The 2009 Budget
- The 200<sup>th</sup> Anniversary of the Meeting-house
- Stewardship
- Membership

The meeting was energizing and productive as we followed the rules of brainstorming which are: all ideas were captured by writing them down (special thanks to Martha Crawford who documented the meeting), there was a non-judgmental process of collecting people’s thoughts and input (e.g., no wrong or dumb ideas), everyone participated, and people were creative which yielded some great ideas (my favorite was the pig roast with games, music and beer!).

Next steps are for each of the ministries to review the ideas and help turn some of the ideas into goals which are specific, measurable, attainable, realistic, and time-based.

As a minister of First Parish please feel free to contribute and act on your ideas to help increase fellowship, spirituality and hands-on mission. In doing so, “never doubt that a group of thoughtful, committed parishioners can change the world...indeed, it is the only thing that ever has.” (with apologies to Margaret Mead for paraphrasing)

*Bob Deininger*

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## Mardi Gras Thank You

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On Sunday, Feb. 22nd First Parishioners of all ages were invited to a festive Mardi Gras Pot Luck Supper in the Parish Hall, as a “last celebration before the beginning of Lent.

A heartfelt thank you goes out to *The Blackened Blue Notes*, who regaled our Mardi Gras crowd with their bawdy tunes for much of the evening. Band members included Jim Anderson, Josh Nannestad, Bill Storey, and Matt Werth, along with four guest musicians.

The King Cakes provided by Jeannie Germano produced the crowning of Mardi Gras King Bill Holbrook and Queen Barb Delisle, who are assured GOOD LUCK throughout the year.

Parishioners created Southern cuisine delicacies such as jambalaya, southern fried chicken, gumbo soup with okra, spicy chili, hot home-made bread, and more.

The GOOD NEWS of our lively church community is out!!!! Forty friends shared this in tergenerational, upbeat evening, some coming from as far as Vermont. Raffles and prizes sent Jane Smith and Lucia Vaccaro home smiling with souvenirs of our spirited evening. ENORMOUS THANK YOU’S to Pastor Chris, Donna Bertazzoni, Marge Eramo, and Judy Holbrook for the coordination and execution of this fabulous event.

**Donna Bertazzoni**  
Church School  
Administrator



## What Color is Lent?

Is it **Purple** or **red**?  
Is it **black** like the night?  
Is it **yellow** instead?

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The traditional answer to this question would be *violet*. Liturgical colors were chosen to express emotions and ideas that are associated with each of the seasons of the church year. Because violet is the ancient royal color, it is a symbol of the sovereignty of Christ. Violet is also associated with repentance from sin. I wonder what a young child would take from an explanation like this.

In *Sharing Easter Faith with Children*, Christian educator Carolyn Brown writes, "It is important to know what we want to tell our children about Easter as they grow up. It is also important to find ways to celebrate the Easter message, as they understand it, with them over the years." (p 35) As children grow, the telling of the Easter story must grow with them.

I don't usually feature events in my monthly article, but there is so much going on for children throughout Lent I think I'll break type. We have planned a variety of ways for children and youth to engage the Easter story this year. There are special services for Ash Wednesday, Holy Week and Easter. In Sunday worship we will all be reminded of our heritage as a covenant people, with children presenting us with visual symbols each week. The covenant theme will be briefly reinforced during class time. (Look for a booklet to come home on Palm Sunday.) Students through Grade Two will hear and tell the stories of Lent and Holy Week as part of the Godly Play curriculum. The Communion education class will continue to learn about the people and events leading up to the Last Supper. Older classes will focus on the New Testament story as told by Mark. Beyond worship and Sunday school, a Labyrinth walk just for kids is scheduled. Children may participate in a special mission to benefit the One Great Hour of Sharing in addition to their weekly offerings for the World Wildlife Fund. All these events take place within the community of the church; your own family rituals and expectations also shape how your child understands Lent and Easter.

Brown suggests we tailor our celebration of the season to the child's abilities. Very young children can't maintain interest in anything for six weeks. The duration of Holy Week is about enough Lent for them. She says all the catalyst needed to have conversations with this age group are a simple display, perhaps a cross and a palm branch, and reading a picture book about Jesus.

Older children can learn disciplines that encourage them to love God and love people during the six weeks of Lent. Learning a new prayer, reading the Bible regularly, and helping others are all within their grasp. Try finding something that your child already enjoys and build on it. Brown observes, "After six weeks, even with some fits and starts, one often finds that a new practice has become 'the way we do things'."

A new resource available to First Parish families this year is an interactive seek-and-find picture book, *What Color is Lent?* It offers daily glimpses into a variety of stories from the Old and New Testaments that relate to themes of Lent and Easter. It's fun. It's bound to start conversations. Get your copy on the hospitality table. But be prepared, parents, it can raise questions you may wish to have thought through.

Wishing you a rainbow of Lenten blessings,

*Donna*

## Church School Update

### Sunday, March 1:

- 10AM: intergenerational Communion worship (Communion Class in the Cottage)
- 10:20 AM: SHYF Extreme Breakfast in the Parish Hall kitchen
- 11:30 AM: Confirmation Class in the Vogel Room (Fiumedoras provide lunch)

### Sunday, March 8:

- 10AM: Worship & Church School (Communion Class in the Cottage)
- 11:30 AM: Confirmation Class in the Vogel Room (Mooncais provide lunch)

### Sunday, March 15:

- 10AM: Worship & Church School (Communion Class in the Cottage)
- 10:20AM: SHYF Extreme Breakfast in the Parish Hall kitchen
- 11:30AM: Confirmation Class in the Vogel Room (Cannons provide lunch)
- 11:30 AM: Teacher meeting in the Stage Classroom
- 4:00 PM: Cantus concert in the Meetinghouse

### Sunday, March 22:

- 10AM: Worship & Church School (Communion Class in the Cottage) OGHS offering accepted.
- 11:30AM: Confirmation Class in the Vogel Room

### Sunday, March 29:

- 10AM: Worship & Church School (Communion Class in the Cottage)
- 10:20AM: SHYF Extreme Breakfast in the Parish Hall kitchen
- 11:30 AM: Confirmation Class in the Vogel Room

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## Church School And One Great Hour of Sharing

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March 1<sup>st</sup> will kick off the annual One Great Hour of Sharing (OGHS). The children of the church school will join the rest of the congregation during the month of March in supporting OGHS. Informational packets including a calendar describing daily giving activities and a cardboard treasure box to hold your donations will be handed out in class on that day.

Donations made to OGHS provide disaster relief, refugee assistance and developmental aid around the world. From a neighborhood in Mississippi trying to rebuild after the Gulf hurricanes to refugees from Darfur seeking food and shelter, OGHS supports people, families and communities in need.

The program is a great way to get children more involved in charitable giving and make them a little more aware of the different needs of people from all over the world. The program lasts for 3 weeks, ending on March 22<sup>nd</sup> when treasure boxes will be collected during service. Thank you for your support.

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## March Extreme Breakfasts

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All students in grades 9 through 12 are invited to cross the street to the Parish Hall at 10:20 AM on Sunday, March 1<sup>st</sup> and Sunday March 15<sup>th</sup> for Extreme Breakfast.

What's Extreme Breakfast? It's food and great conversation with your fellow SHYFers! The gathering is informal, the food casual, the setting relaxed – but the company is extremely cool.

See you then?

## Internet Spirituality

During Lent we try to journey more deeply into our calling as Christians. This issue of the Spire is filled with opportunities at First Parish for spiritual growth as individuals and as a community, but if you are seeking something different, something virtual yet real, online options are available through the UCC. Here are a few:

### **Stillspeaking Daily Devotional for Lent:** A free email meditation every day

A team of some of the most gifted writers and pastors in the United Church of Christ collaborate on this daily spiritual email message. It includes a brief daily thought, a prayer, and a passage from scripture. If you're already subscribed to the Stillspeaking Devotional, you don't need to do a thing. If this is your first time, you can find the subscription form at: [http://i.ucc.org/](http://i.ucc.org/FeedYourSpirit/Subscribe/tabid/101/Default.aspx)

**FeedYourSpirit/Subscribe/tabid/101/Default.aspx** Try it out, and if it's not what you need, unsubscribe at any time.

### **Prayer Chapel Live**

When you need to ask the wider church for prayers, you can meet with others who share your interest daily at 9 p.m. for about 30 minutes of interactive prayer, or Monday through Friday at 12 noon for about 20 minutes.

<http://i.ucc.org/FeedYourSpirit/PrayerChapel/PrayerChapelLive/tabid/86/Default.aspx>

### **MyUCC Online Community**

Coming this spring, MyUCC will be a grassroots, user-driven community - much like Facebook or MySpace - where registered users will build online profiles, join groups, write blogs, post comments, upload photos and more.

"This is going to revolutionize the way people experience the UCC online and engage one another as members of the same denomination," says the Rev. J. Bennett Guess, the UCC's director of communications. The denomination hopes to launch the interactive site by mid-March, but plans to test it beforehand with several constituency groups, including the UCC's Facebook group.

While Guess says the denomination isn't under the illusion that it's going to compete with the wildly popular Facebook, it does hope to offer a companion experience. "A lot of users of conventional networking sites, such as Facebook, tell us they are wary of appearing 'too religious' among their cadre of friends," explains Guess. "We've heard from many youth and young adults that they would love to have a social networking community that allows them to explore their spiritual sides, talk about church and religion, and share thoughts about their faith, without others thinking they are some kind of religious fanatic."

And while Guess anticipates that many people will want to explore theological topics, he also hopes there will be no limit to the scope of the conversations. "We hope it will be a place to talk about religion, but also pop culture, politics, justice, music, books - whatever interests you."

Learn more at:

<http://www.ucc.org/myucc/share-something-great.html>



This month I'd like to offer food for the mind, body and soul through links to "God's Yellow Pages", shared with me by my counterpart at Second Church Plymouth, UCC. The Yellow Pages give Biblical references appropriate to many life situations. This month's are titled "Christian virtues & character..."

I hope you find them helpful.

**Abundant life**

John 10:10

**Citizenship**

Romans 13:1-7  
Titus 3:1

**Cleanliness**

2 Corinthians 7:1  
Consecration  
Romans 12:1,2

**Contentment**

Philippians 4:11-13  
1 Timothy 6:6

**Courage**

Psalm 27:14

**Diligence**

Romans 12:11

**Duty**

Luke 20:21-25

**Endurance**

Luke 21:9-19  
2 Timothy 2:3

**Faith**

Matthew 8:5-13  
Mark 11:22-24

**Faithfulness**

Matthew 25:23

**Forgiveness**

Mark 11:25,26  
Ephesians 4:31,32

**Freedom**

John 8:31-36

**Fruitfulness**

John 15:1-8

**Godliness**

Titus 2:11-14

**Happiness**

Matthew 5:3-12

**Holiness**

1 Peter 1:13-16

**Honesty**

2 Corinthians 8:21

**Honor: Parents, others**

Ephesians 6:1-3  
1 Peter 2:17

**Hope**

1 Peter 1:13

**Humility**

Luke 18:9-14  
Philippians 2:3-11

**Joy**

Luke 10:20  
John 15:11

**Kindness**

Colossians 3:12,13

**Labor**

John 9:4

**Love**

Luke 10:27  
1 Corinthians 13

**Obedience**

John 14:15-24  
Acts 5:29

**Overcoming**

John 16:33

**Patience**

Hebrews 10:36  
**Peacefulness**

John 14:27  
Romans 12:18

**Perseverance**

Mark 13:5-13

**Prayer**

Luke 11:1-13  
Ephesians 6:18

**Pure thinking**

Philippians 4:8

**Purity**

Matthew 5:27-32  
2 Timothy 2:22

**Reading the Bible**

John 5:39  
Psalm 1:2

Psalm 119:97

**Resolution**

Ephesians 6:10-18

**Righteousness**

Matthew 5:6  
Matthew 6:33

**Sincerity**

Philippians 1:9,10

**Steadfastness**

1 Corinthians 15:58

**Stewardship**

1 Corinthians 4:2  
2 Corinthians 9:6,7

**Temperance**

1 Thessalonians 5:6-8

**Trust**

Psalm 37:3-5  
Proverbs 3:5,6

**Truth**

John 14:6  
John 17:17  
Ephesians 4:14,15

**Victory**

1 Corinthians 15:57  
1 John 5:4

**Watchfulness**

Mark 13:34-37

**Worship**

John 4:23,24

**Zeal**

Romans 12:11

Blessings,

*Margery Eramo*, RN, CHM

Faith Community Nurse

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## Lenten Devotionals

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A number of Lenten devotional materials are available at the Hospitality Table in the Meetinghouse for adults and children, offering brief daily reflections to carry us through the season of Lent.

We hope that you will take them so that you may follow the journey through Lent in your homes as well as in worship here at First Parish.

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## Coffee Hours During Lent Is There Life After Chocolate?

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As a Lenten spiritual practice, we will give up sweets during Sunday Coffee hours. Instead, we will have more healthful “goodies” such as veggies, fruits, cheese & crackers, etc.

If you are a Coffee Host during Lent and have questions, please speak to either Pastor Chris or Marge Eramo.

This is just one small way we can share as a congregation in a Lenten discipline and a more healthy life style..

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## Get Your Walking Papers - We're Walking to Jerusalem

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Once again, the congregation is invited to participate in this 12-week walking program, designed to increase the physical, spiritual, and emotional health of the participants.

Individuals and/or families will take this “imaginary” trip to Jerusalem by logging weekly walking/running/aerobic miles on the board in

the Parish Hall, where our progress will be tracked on a map to Jerusalem.

Walking begins on March 1<sup>st</sup>. There's still time to participate! Sign up in the Parish Hall – or contact Faith Community Nurse Margery Eramo to get your Walking Papers!

# FIRST PARISH FELLOWSHIP

## Fox Hill Bible Study

Pastor Chris will meet with the Fox Hill Bible Study group on Thursday, March 19<sup>th</sup> at 10:30 AM. All Fox Hill residents are invited to participate.

If you do not live at Fox Hill and would like to attend the meeting, please contact Rev. Dodge at 781-326-0135 for details.

## Senior Moments Fellowship

The Senior Moments Fellowship Group will meet on Thursday, March 5<sup>th</sup> at 11:30 AM in the Parish Hall. All seniors are invited to bring a bag lunch – coffee and dessert are provided.

This is a great opportunity to gather together, just because it's fun! The group meets on the first Thursday of every month in the Parish Hall, unless otherwise noted. If you did not receive a postcard with the yearly schedule, please contact the church office and one will be mailed to you.

## Retired Men's Club

The Retired Men's Club will meet on Thursday, March 19<sup>th</sup> at 9:30 AM in the Parish Hall. The meeting will begin with a coffee & donut fellowship, followed by an update by Michael Brier on Westwood's Environmental Committee's progress and concerns.

All meetings are held in the Parish hall at First Parish on the third Thursday of each month, from 9:30-11:30 am, unless otherwise note din the schedule. All retired men are welcome to attend.

**Rosie's Place Volunteers**  
**MONDAY, MARCH 16:**

**FIRST PARISH VOLUNTEERS**

**Drivers:**

B. Jorgensen & B. Jorgensen

**Fruit (bananas - \$7 maximum)**

S. Reeve    B. Jorgensen    J. Holbrook    S. DeFeo  
M. Speros    P. Oliveri    S. Dobra    T. Berg

**Sandwiches**

**(10 dozen HAM & SWISS CHEESE ON WHEAT BREAD)**  
JHYF

**Usher Schedule**

**Sunday, Mar. 1:**

Martha Crawford (C)  
Ron Arntz  
Stuart & Carol Maynard  
David Friedl

**Sunday, Mar. 8:**

Fred Rice (C)  
Charlie Domina  
Peter Kane  
Nancy Hyde

**Sunday, Mar. 15:**

Doug Hyde (C)  
Jerry Verzino  
Mike Gettings

**Sunday, Mar. 22:**

Dix & Dianne Howard (C)  
Steve & Ingegerd Larch  
Ron & Joy Sudduth

**Sunday, Mar. 29:**

Bob Kadehjian (C)  
Bob Robertson  
Jim & Linda McKenzie

**Altar Flowers**

**Sunday, Mar. 1:**

Given by the Dorey family and Nancy & Bob Stoll, in memory of Nancy's grandparents, Iona & Edom Dorey.

**Sunday, Mar. 8:**

Given by Elvin Fowell, in memory of his mother, Dorothy Fowell.

**Sunday, Mar. 15:**

Given by Jane Smith, in loving memory of her sister, Peggy Staley.

**Sunday, Mar. 22:**

Given by Dix & Diane Howard, in memory of loved ones.

**Sunday, Mar. 29:**

Given by Kathy Forsberg, Bruce Smith and Linda Perry, in loving memory of their beloved special education teacher, Ruth H. Doorly.

**HOSPITALITY AT FIRST PARISH**

**Coffee Volunteers**

**Sunday, Mar. 1:**    The Aldingers  
**Sunday, Mar. 8:**    The Archambos  
**Sunday, Mar. 15:**    ??????????????  
**Sunday, Mar. 22:**    The Holbrooks  
**Sunday, Mar. 29:**    ???????????

**Greeters**

**Sunday, Mar. 1:**    Sue Burgess  
**Sunday, Mar. 8:**    ??????????????  
**Sunday, Mar. 15:**    ??????????????  
**Sunday, Mar. 22:**    ??????????????  
**Sunday, Mar. 29:**    ??????????????